

CAMP SLOANE YMCA

DAY CAMP PARENT HANDBOOK



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CAMP SLOANE YMCA 124 INDIAN MOUNTAIN ROAD LAKEVILLE, CT 06039 PHONE: 860-435-2557 FAX: 860-435-2599

WELCOME TO CAMP!

Dear Parents and Campers,

We know that choosing to come to day camp is a big step, so thank you for choosing Camp Sloane YMCA. We provide a REAL camp experience: outdoor activities, unplugging from our technology and building relationships with new friends and great role models. We know that you will enjoy your time at Camp Sloane.

Whether you are new to camp or a returning face, we want to ensure the best possible summer experience for your camper. Please make sure to read through this handbook as it contains important information to help you prepare for the summer. We have done our best to answer any questions that you might have about Camp Sloane, our policies and our procedures.

This summer, we are requiring that all eligible campers are vaccinated against COVID-19. The only exemptions, at this time, are for children under 5 years of age as well as medical and religious exemptions. Please see the summer 2022 update page on our website for more information. Please keep an eye out for updated emails related to our covid/mask policies throughout the spring.

If you still have questions after reading through the handbook, please don't hesitate to reach out via email or phone.

We look forward to seeing you at Camp Sloane on opening day!

Happy camping,



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CAMP DIRECTOR
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THE CAMP SLOANE EXPERIENCE

WHERE WILL I HANG OUT?

At Camp Sloane, we are in-TENTS! Day Camp is located at the base of our property and comes complete with 14' x 14' raised platform canvas-wall tents, one for each day camp group. Day camp also has a gaga pit, Sloane ball tables, sandboxes and a modern bathroom facility with electricity, flush toilets, sinks and a changing area.

Camper Groups:
Explorers - Rising K & 1st graders
Bandits - Rising 2nd graders
Buccaneers - Rising 3rd & 4th graders
Mountaineers - Rising 5th & 6th graders

Day campers are split up by rising grade and will have one or two counselors assigned to them each week. Day Camp is supervised by our Day Camp Director and we make sure that our Day Camp staff are qualified in a variety of different areas such as lifeguarding, archery, slingshots, belaying and boating.

WHAT WILL I DO?

Each week, day campers will enjoy a vast variety of activities, such as Athletics, Adventure, Boating, Creative Arts and Performing Arts. Day campers also get the chance to learn more about everything that Camp Sloane YMCA has to offer.

Swim lessons are a big part of the Camp Sloane program and our day campers have instructional swimming every weekday. Check out our website, www.campsloane.org, to see some of the specific activities that we offer at camp.

Special Activities: One of our most exciting programs at Camp Sloane YMCA is Horse Riding. Pre-registration and an additional fee is required. The lessons are scheduled by the week and each fee includes one activity period of group instruction for 5 days. Horse Riding has limited enrollment and typically fill long before the start of the summer. The lessons are filled on a first-come, first-served basis ONLY upon receipt of payment. Day Campers can sign up for horseback riding in Weeks 1-8.

Please note that Riding lessons are not attended by the whole day camp, so lessons will replace other daily scheduled activities. Parents are not permitted to attend the lessons, as it can be a distraction for both the instructor and camper. Riding helmets are required and provided for all riders. All campers participating in the Riding program must wear long pants and shoes or boots with a 1/2" -1" heel. Campers arriving for their lesson without proper attire will not be permitted to participate and a make-up lesson will not be scheduled. There will be no exceptions. Missed lessons due to inclement weather will be rescheduled when possible.

THE CAMP SLOANE SCHEDULE

DAILY SCHEDULE FUN AT CAMP Pre-Care - Drop off at the main office Below are some of the fun activities your 7:30AM including breakfast at 8:00am (Extra cost) camper may participate in while here (all equipment provided by camp). The staff set an intentional and varying schedule for the week, 8:45AM where each group will get to visit a number of Regular drop off at day camp 9:00AM activity areas around camp. Part of the camp experience is learning that while we can do fun things that we know 'we' like, trying something different or new can also be fun and exciting! 9:30AM 1st Activity period **2nd Activity period CANOEING BODY BOARDING** 10:30AM **FISHING TENNIS ARTS & CRAFTS GROUP GAMES** Lunch (provided), Recess/Rest period 11:45PM HIKING **SLINGSHOTS** TIE-DYE **KAYAKING 3rd Activity period** 1:00PM SOCCER **FRISBEE CLIMBING** 2:00PM 4th activity period **BASKETBALL** COOKING **DANCING** 5th activity period 3:00PM **SWIM VOLLEYBALL MOUNTAIN BIKING ACTING** 3:50PM Snack **AQUA TRAMPOLINE ARCHERY** 4:15PM Regular pick up at day camp 4:45PM WE WILL PROVIDE ALL CAMPERS AND **FAMILIES WITH THE SCHEDULE OF THE WEEK ON MONDAY!** After-Care ends - Pick up at day camp (Extra 5:30PM cost)

DROP-OFF AND PICK-UP

DROP-OFF - DROP-OFF IS FROM 8:45AM-9:00AM EACH DAY.

Please be mindful that the first day is VERY important – make every effort to arrive on time. If you are delayed call our office at 860-435-2557.

One the first day of the session, you will be greeted at the entrance to camp, receive instructions from a staff member, and then you will park and walk your campers into Day Camp to meet their counselor and new friends. For the rest of your session, you will drive around the Day Camp triangle counter-clockwise, a staff member will let your child out of the car and they will head into Day Camp.

If you have medications to drop off or need to complete paperwork, you will be asked to park to one side and check in with the nurse.

PICK-UP - PICK-UP IS FROM 4:15PM-4:45PM EACH DAY

Bring your photo ID! You will need it to sign your child out of camp. You must inform the office in writing if anyone other than the parent/quardian will check the camper out of camp!

You will be greeted by a staff member who will check your ID and radio to your camper's counselor to have them ready for pick up. You'll be directed to drive around the Day Camp triangle counter-clockwise, stopping at the gate, where your camper will come to meet you.

If you require early check-out, please call the office at 860-435-2557 to make arrangements.

BEFORE & AFTER CARE

DROP-OFF AT 7:30AM / PICK-UP BY 5:30

We also offer Before & After care for an extra cost. You must sign up in advance for this service.

BEFORE CARE: You will drop your camper/s off at the camp office at 7:30AM. They will attend breakfast in our Dining Hall.



GOOD TO KNOW

WHAT SHOULD MY CAMPER BRING TO CAMP?

In a small bag your camper should bring:

* FACE MASKS * WATER BOTTLE * 2 BATHING SUITS * TOWEL * SUNSCREEN * BUG SPRAY *

- If the weather is cooler a sweatshirt or light jacket is suggested
- Campers taking Horse Riding lessons, need to bring long pants & hard-soled shoes with 1/2" heel
- Please send your camper with closed-toe footwear with a back, as most activities require sneakers or hiking boots. Crocs are not considered appropriate footwear for most activities.
- All articles or clothing worn or brought to camp should be clearly marked with the camper's name.
- Unmarked or unclaimed lost and found will be held until September 1st, at which time it will be donated to charity.

DO NOT BRING VALUABLES TO CAMP. CELL PHONES, IPODS, VIDEO GAMES, AND TRADING CARDS ARE PROHIBITED. CAMP SLOANE IS NOT RESPONSIBLE FOR ANY OF THESE ITEMS THAT ARE BROUGHT TO CAMP.

CAMP STORE ACCOUNT/SPENDING MONEY

Your camper may visit our Camp Store during the week. Items sold include t-shirts, sweatshirts, water bottles etc. You can add money to your camper's account through your CampInTouch account.

To obtain a copy of your account statement, please notify camp via email. Balances must be \$5.00 and over to obtain a refund. All unclaimed camp store money will be donated to our annual campaign to help kids attend camp. Refunds are paid out at the end of Sept.

FREQUENTLY ASKED QUESTIONS

My camper is having the time of their life. Can they add more sessions of camp?

Yes, as long as we have the space! Our sessions fill up very quickly and we can't guarantee that we will still have space during the summer. If you think that your camper wants to stay for more than one session, we recommend registering early.

Do you have vegetarian/vegan options for lunch?

Yes! We have a wide variety of options at every meal and can cater to the majority of dietary restrictions. Please let us know ahead of time if your child has a special requirement – you can do this on the Health History form in your 'CampInTouch' account.

Find the answers to more FAQs on our website - www.campsloane.org

HEALTH INFORMATION

COVID PROTOCOLS FOR 2022 (accurate as of March 22nd, 2022)

PRE-CAMP: This summer, we are requiring that all eligible campers are vaccinated against COVID-19. The only exemptions, at this time, are for children under 5 years of age as well as medical and religious exemptions. Please see the <u>summer 2022 update page</u> on our website for more information.

VACCINES & TESTING: Vaccinated: All campers and staff, regardless of vaccination status, will be required to provide proof of a negative test prior to arrival at camp. Details will be sent this spring.

(Exempt) Unvaccinated: All unvaccinated campers (with a valid exemption) will need to provide evidence of negative test prior to arrival at camp. They will then be tested again at around day 5 of each session that they attend. Parents will be required to pay for this testing. Details will be sent this spring.

DAILY HEALTH: Campers will be screened daily for signs of covid, including daily temperature monitoring. Campers who display covid symptoms will need to return home until a negative test can be provided.

EXTRA CLEANING & MASK WEARING: Camp Sloane will increase the cleaning schedules on common areas, such as bathrooms, dining areas and program spaces & equipment. Details about mask wearing will be sent this spring.

If we are informed of a positive COVID-19 test, any unvaccinated (exempt) campers will be required to leave camp and obtain a negative test before returning to camp.

HEALTH LODGE

The Health Lodge is overseen by our camp physician, and is staffed with a registered nurse 24 hours a day.

Parents/guardians will be notified if the following occur: emergency situations, hospital visits, camp physician or dentist visits or overnights in the Health Lodge. Parents will not be called for routine visits to the Health Lodge.

All medicines, prescription or otherwise, are distributed by the nurses. Campers with non-emergent medical concerns may visit the Health Lodge during "open hours", which is after each meal. Campers who become ill will sleep in the Health Lodge overnight. In the event that campers need to see a doctor, we will take them to one of the following three places depending on the urgency of the situation and appointment availability – Sharon Hospital (Sharon, CT), Northwest Hills Pediatrics (Sharon, CT), CMH Rapid Care (Copake, NY).

MEDICAL FORMS

All medical forms must be submitted to camp <u>BEFORE</u> your arrival! We ask this as it makes your check in process as simple and easy as possible for everyone. American Camping Association and Connecticut law state that incomplete and/or unsigned forms are unacceptable and will prevent your child from staying at camp.

To locate your medical forms, please log into your 'CampInTouch' account. Go to our website www.campsloane.org, locate the "Parent Login" located on the top right hand corner of the page. Scroll down to the "Forms and Documents" section.

- Health History This is an online form.
- Individual Plan of Care This is an online form.
- Parent Authorization Please print, photocopy your insurance card and sign at the bottom.
- Physical Examination Print our form and have your child's doctor fill it in OR your doctor's form will be sufficient also.
- Immunization Record Print our form and have your child's doctor fill it in OR your doctor's form will be sufficient also.

MEDICATIONS: If your child will take prescription medication while at camp – you MUST fill out the Medication Authorization form, and have the doctor sign it. This form is required by the state of Connecticut, only in the case your child will take prescription medication.

Once all your forms are filled out, please upload them back into your camper account via the 'Forms & Documents section. If you need help uploading your forms, please call our office at 860-435-2557.

IMPORTANT TO KNOW

- Prescription medications must be authorized by a physician and the Medication Form must be filled in and signed by your doctor.
- For your child to receive non-prescription medications such as Tylenol or Benadryl, you must complete the page of the health history form authorizing the nursing staff to do so.
- All medications with the exception of an inhaler or epi-pen will be kept in the health lodge. <u>Medications must be in the original prescription container</u>. Medications must be claimed at the end of each session and by law, they cannot be mailed home.
- The parent/guardian is responsible for all Doctor's charges, dental issues, medication charges and
 hospital fees incurred while their child is at camp. These fees will be charged immediately to a credit card
 on file or to your insurance company.
- In the event that your camper cannot participate in camp activities for longer than 24 hour period, you
 will be contacted by our staff. At that time, a decision will be discussed as to whether your camper is fit to
 remain at camp. Our camp physician shall have the ultimate judgment in this matter.
- All campers are checked for head lice on session opening days. If a child is found to have head lice, parents will be contacted. Please regularly check your child 2-3 weeks before camp to help avoid this problem.
- Effective January 1, 2016, each operator of an organized youth athletic activity, involving participants age
 7 to 19, must make available upon registration a written or electronic statement regarding concussions
 to each youth athlete and a parent or guardian of each youth athlete participating in the youth athletic
 activity. Such statement shall be consistent with the most recent information provided by the National
 Centers for Disease Control and Prevention regarding concussions. www.cdc.gov/traumaticbraininjury/symptoms.html

CODE OF CONDUCT

PLEASE REVIEW WITH YOUR CHILD BEFORE CAMP

"OTHERS" is our motto, and disrespectful or inappropriate behavior towards peers or staff is unacceptable. We have a zero-tolerance policy when it comes to the following:

- Harm to any individual, physical or verbal, fighting or abuse of any kind toward other campers or staff
- The possession or use of cigarettes (including electronic cigarettes), alcohol, marijuana or other drugs
- The possession of weapons of any kind including, but not limited to guns, scissors and knives (including Swiss Army and Boy Scout).
- Any behavior of any kind or scale that the camp director qualifies as a prank or vandalism
- Any behavior that involves changing, deforming, damaging, moving or removing property belonging to Camp Sloane YMCA or any individual at camp.

In the case that a camper chooses not to adhere to the expectations of conduct at camp, the parents/ guardians will be contacted by the Camp Director and it may be grounds for an immediate dismissal from camp without a refund of fees.

Camp Sloane's Internet Policy

Camp Sloane YMCA discourages staff contact with campers outside of camp via social networks. We also encourage parents to be aware of their child's online behavior, and monitor contact they have with fellow campers and staff via the internet.

We want to encourage you and your campers to follow Camp Sloane on social media. However, Camp Sloane YMCA assumes no responsibility for any content your camper may post on the internet, including the content of emails, instant messages, text messages, photographs, personal websites, social networking websites, web logs, or any other electronic medium. In addition, Camp Sloane reserves the right to remove or deny admittance to any camper found to be responsible for obscene, vulgar, derogatory, threatening, or inappropriate content in any of the above listed mediums. The Camp Sloane YMCA name and logos are the sole property of Camp Sloane YMCA, Inc., and may not be used without express written permission. This policy has been applied equally to the staff at Camp Sloane YMCA.



REFUNDS, CANCELLATIONS & BALANCES

- Final balances are due by May 1st and all outstanding balances at that time will be charged to cards on file. If paying by check, it is the parent's responsibility to make sure it is received prior to May 1st. If balance is not paid, your camper will not be able to attend camp.
- Deposits are non-refundable after May 1st. All cancellations need to be made by email and confirmed by the Business Manager. Refunds on the balance of a session or optional programs such as or horseback riding lessons will not be granted after June 1st. Refunds less the deposit may be given for physician documented medical cases. Every effort will be made to make up a water ski or horseback riding lesson interrupted by inclement weather.
- Camp Sloane YMCA, Inc. reserves the right to refuse or dismiss a camper at any time for just and
 reasonable cause. Refunds will not be given for withdrawal or dismissal from camp, after the registered
 session has begun. Optional programs such as water ski or horseback riding lessons will not be
 refunded due to the camper's failure to attend, lack of interest or inclement weather. Refunds less the
 deposit may be given for documented medical cases by your physician.
- The parent acknowledges that, even after every reasonable precaution is taken, some activities such as, but not limited to swimming, hiking, horse riding and boating may involve inherent risks for which Camp Sloane YMCA cannot be held responsible.

The potential of contracting Lyme Disease increases in rural settings such as Camp Sloane. All
participants should check themselves regularly for ticks and become educated, in advance of attending
camp, on the signs and symptoms of Lyme Disease, and other tick and mosquito borne illnesses which
may occur days or months after an encounter
with a tick or mosquito.

- Camp fees do not include health and accident insurance, parents are responsible for all charges incurred for their child's medical attention.
- Campers who become ill due to COVID during the session and are required leave will have their camp fees pro-rated and a credit offered for future camp sessions.



MEET OUR TEAM

OUR PROFESSIONAL TEAM

If you have questions or would like to talk with one of the team you can reach them by calling our office anytime (860) 435-2557 or via their personal email address found below.



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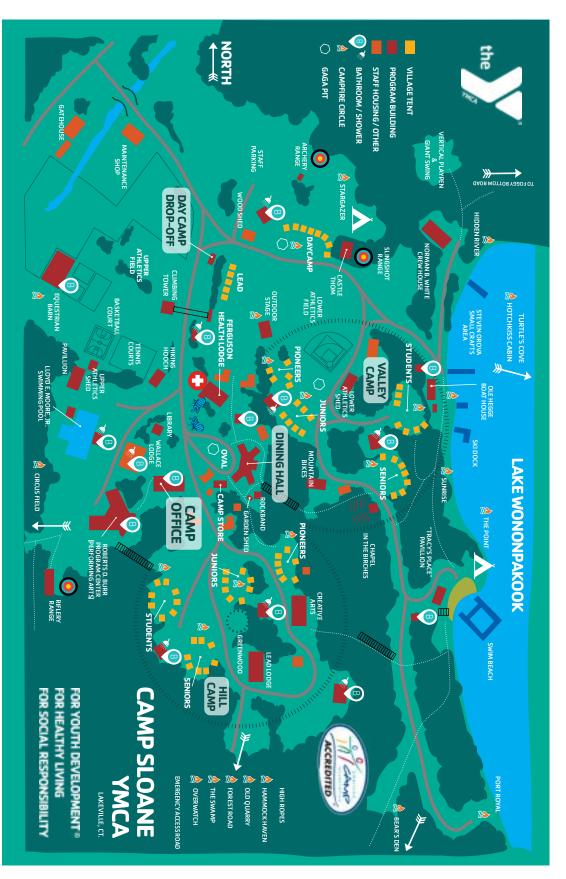
CARETAKER
Dave Wright
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CAMP SLOANE STAFF

Our staff is the key ingredient that makes Camp Sloane YMCA such a special place. They are caring, dedicated, mature and enthusiastic men and women selected from colleges and universities nationwide and worldwide. All staff will arrive at least 2 weeks prior to camp starting in order to quarantine before campers arrive. Staff will participate in a 9 day intensive training involing safety, counseling, teaching and camp procedures prior to the start of camp. In total, we hire about 100 summer staff members to strenghten our team.

All staff are First Aid & CPR-certified. A trained lifeguard is always on duty during swimming times. In addition, we employ full time, licensed nurses to atted to your child's medical needs while at camp.

MAP OF CAMP SLOANE



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